

## FRD'S (FORSUS)

This appliance is used to adjust the bite and promote growth of the lower jaw. The appliance has some important advantages over headgear, such as cosmetics, safety, and comfort. But, your FRD's must be treated properly. They are expensive and are not indestructible. We are certain that you will find that the benefits of the FRD's are well worth the extra care necessary to ensure that they work correctly. With good care they should be in place for 4-8 months

**Here are some instructions that will help you keep your FRD's in good shape so that we can fix your bite as quickly as possible.**

- Teeth may become sore when the FRD's are first placed in the mouth. This soreness should be gone in a few days. Advil may help with any initial discomfort.
- If they are chewed on they will break. Call the office immediately if you notice any loose braces or if the FRD's break We will get you in to fix anything that is wrong as soon as possible.
- FRD's may also be broken if they are bent with fingers.
- Keep away from hard objects like ice or pens.
- If you open too wide the FRD's may come apart. Call our office as soon as possible so we can fix them.
- Keep the FRD'S clean by brushing them with your toothbrush and toothpaste.

Good luck with your FRD's, You are well on your way to a beautiful smile!